

An Approach to Memorizing Scripture

Step 1: READ the verse out loud 10 times

- As you read, **emphasize** different words in the verse each time.
- As you read, **concentrate** on comprehending what the author is trying to communicate. Really try to get into the mind and heart of the author.
- As you read, imagine taking a **photograph** of the words on the page with your mind.
- As you read, **repeat** the book name, chapter, and verse number every time. (For example, if you're memorizing Romans 8:28, every time you read or recite the verse, begin by saying, "Romans eight-twenty-eight.")

Step 2: RECITE the verse out loud 10 times

- As you recite, cover up the page and refer back to the verse only as needed.
- As you recite, **emphasize** key words in the verse each time.
- As you recite, **concentrate** on comprehending what the author is trying to communicate. Really try to get into the mind and heart of the author.
- As you recite, **repeat** the book name, chapter, and verse number each time.

Step 3: MEDITATE on the verse(s) *day and night* during the week, reciting and praying the words into your heart and mind.

- ¹Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ²but his delight is in the law of the Lord, and on his law he **meditates** day and night. (Psalm 1:1-2)

MEDITATION QUESTIONS

1. Based on the truth(s) revealed in this passage, what could I **praise** or **thank** God for?

2. Based on the truth(s) revealed in this passage, what **sin** must I **confess** and **repent** from? And how is a relationship with Jesus Christ crucial to helping me overcome this sin?

3. Based on the truth(s) revealed in this passage, what do I need to **ask** God for help with?

4. If I truly believed and lived out the truths revealed in this passage, how might my life change?

5. Why might God be showing me this truth now? What is going on in my life that he would be bringing this to my attention today?
