

These questions are for the **February 6, 2022**, message, "A Testimony of Thankfulness." Please read the sermon passage (Psalm 34:1-10) together out loud.

Sermon Outline

As We Consider How God Works In Our Times Of Distress...

1. We Bless The LORD, Doing So At All Times. (1-3)
 - A. Bless the LORD = bend the knee (to the LORD, not toward circumstances)
 - B. At all times, no matter the experience, bless the LORD
2. We Seek The LORD, Coming To Him In Prayer. (4-7)
 - A. The LORD delivers David from his fears.
 - B. "I am a God-fearing man. I try not to worry. Fear is contaminated faith." -Denzel Washington
3. We Fear The LORD, Experiencing His Gracious Provisions. (8-10)

Life Group Discussion Questions

1. Based on #1 above: Consider a time of distress in your life, either past or present (we all have them). What does it mean for you to bend the knee toward the LORD and not toward your circumstance?
2. Based on #1 above: David declares that he will bless the LORD at all times. What are some ways to bless the LORD in good circumstances? (Let verses 1-3 guide your answers. Share practical ways.)
3. Based on #2 above: Share with the group a time when the LORD delivered you from fear (even all your fears). And/or share a time when the LORD delivered you from trouble (even all of your troubles). Take some time now or at the end of your discussion to thank the LORD for the times that he has delivered you and saved you from those things. Ask him to help you continually remember those deliverances and cause you trust him in distressing times.
4. Based on #3 above: What does it mean to fear the LORD? How do we take refuge in the LORD that we fear? (Let verses 8-10 guide your answers)

Prayer: Thank God for his provisions (be specific). Ask for help in trusting him during the distressing times, to remember his faithfulness and deliverances. Ask for his help in magnifying the LORD in your thoughts, in your conversations, in your families, in your church.