

LIFE GROUP APPLICATION QUESTIONS

Psalms Series

These questions are for the **April 23, 2023**, sermon, "The Keeper." Please read the sermon passage (Psalm 121) together out loud.

Passage Outline

AS THE KEEPER OF OUR LIVES, THE LORD PROVIDES US WITH . . .

1. The needed help for life's journey. (1-2)
 - a. We search for help: "Where will it come from?"
 - i. Someone to come alongside, see me, and provide loving aid.
 - ii. When we are alone, we feel exposed, forgotten and afraid.
 - b. The Maker of the hills, and Creator of the earth is our Helper.
2. The needed guidance for life's journey. (3-6)
 - a. The LORD keeps those who trust him. "Guards." "Protects."
 - i. When the terrain is rocky and demanding, he keeps your foot from slipping.
 - ii. When you reply upon the LORD, he is true and faithful.
 - b. While every other source of help will give out, the LORD never slumbers.
3. The needed assurance for life's journey. (7-8)
 - a. The LORD stays with you "wherever." Every place you go.
 - b. The LORD stays with you "forever." He will always guard / protect those who trust him.

Life Group Discussion Questions

1. Based on #1, above: When we receive help, we get personal presence / aid from our almighty LORD. We are not and will never be alone or forgotten or abandoned. In what ways are you learning to look FIRST to the LORD for help. In what ways are you learning to look ONLY to the LORD for help? In what ways has God provided help for you?
2. Based on #1, above: The mere presence of the hills reminds us of God's power in creation. Explain the relationship between God's power and our growing confidence in him.
3. Based on #2, above: When we believe the LORD (look to him, trust his Word, lean on a promise), our foot will not be moved. How has God made good on this promise in your life?
4. Based on #3, above: Nothing can interrupt or remove God's promise to help you. Future problems, uncertainties or afflictions will be accompanied by help from the LORD. He will be with you "wherever," and "forever." What questions / doubts / fears about the future are laid to rest when you remember that the LORD will help you?