

LIFE GROUP APPLICATION QUESTIONS

Fruit of the Holy Spirit Series

These questions are for the **August 24, 2025** message, “**Self-control**,” from the series entitled, ***Fruit of the Holy Spirit***. Please read the sermon passage (1 Corinthians 9:23-27) together to set the context for our study.

Passage Outline

- God demonstrates restraint. - 2 Peter 3:9; Matthew 26:53; Hebrews 4:15; Philippians 2:5-8
- Paul doesn't want to do anything to hinder the gospel, the good news of Jesus Christ, from being effective in anyone's life.
- The good news of Jesus is of the most benefit when we share the joys of it with others.
- The point for the Corinthians and for us is that controlling our bodies takes discipline.

Life Group Discussion Questions

1. Reflect on how Jesus chose to not cling to the rights and privileges of being God (Philippians 2:5-8) and how Paul was demonstrating this as well in his role as an apostle (1 Corinthians 9:1-23). How can we as Christ-followers follow these examples? What are some specific ways that you can empty yourself and take the form of a servant in the role(s) that God has given you?
2. What are some specific examples of times when you experienced the joys of the gospel with others? (think about fellowship, corporate worship, discipleship, accountability, unity, etc.)
3. What is the difference between motivation and discipline? How do those relate to our Christians lifestyle? In what ways is discipline better?
4. Consider the exhortations to “flee” from sinful desires (1 Cor. 6:18; 10:14). What are some specific, perhaps drastic measures to take to flee the sinful desires in your life?
5. Pray for one another in these specific areas. Use the scriptures below to pray prayers of encouragement.

Philippians 1:6 And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

Romans 6:14 For sin will have no dominion over you, since you are not under law but under grace.

Romans 6:16-18 Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? 17 **But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, 18and, having been set free from sin, have become slaves of righteousness.**