

These questions are for the April 5, 2026, message, “My Lord and My God.” Please read the sermon passage (John 20:24-31) out loud.

### Passage Outline

1. Jesus Christ rose from the dead (15-18).
  - a. He really died (“gave up His spirit” 19:30), and He really rose again (15-18).
  - b. Proofs of Christ’s resurrection:
    - i. Empty tomb.
    - ii. Jesus appeared to hundreds of eyewitnesses (1 Cor 15:5-8).
    - iii. Total transformation of His followers (from timid to life-riskers).
    - iv. How the Spirit lives in Christ-followers to this day. Examine the church.
2. The reasons Thomas doubted (24-25) [the reasons we doubt today].
  - a. Worldview: “I don’t believe in miracles, therefore His resurrection is impossible.”
  - b. Personality: “I want practical help, therefore His resurrection is irrelevant.”
  - c. Fear: “Every time I hope that something could be good for me, I am disappointed.”
3. The weight of the proof (26-27).
  - a. Jesus has waited for the perfect time in your life to prove Himself to you.
  - b. His scars reveal that He is alive, and that He suffered for God’s glory and your peace.
4. Why is the resurrection such a big deal? (28-29)
  - a. Christ drank the cup of God’s wrath for all who trust Him (our only hope in death).
  - b. Christ is raised to assure life and peace to all who trust Him (our only hope for life).
5. The pathway to belief in Jesus Christ (30-31).
  - a. Listen to the witnesses (1 Cor 15:5-8 & Matthew, Mark, Luke and John, to start).
  - b. Remove all your conditions.

### Life Group Discussion Questions

1. Based on #1, above: On the third day, Jesus, the God-man, rose from the dead. What circumstances have molded your complete trust that Jesus really died, and that he really rose again?
2. Based on #2, above: We all have reasons for doubting which include our experiences, our expectations and our pride. When you doubted, what were your reasons for doubting? What doubts do people today use (your kids? family? friends? co-workers?)?
3. Based on #3, above: Jesus knows your specific reasons to doubt, and is pursuing you in patience and love. How has He addressed your specific doubts, proving Himself to you?
4. Based on #4, above: Jesus must be everything, or He must be nothing in your life (1 Cor 15:15-19). In what way is Jesus systematically and progressively becoming everything in your life? How does He get sweeter to you over time?
5. Based on #5, above: People will only “remove all their conditions” for trusting Christ when they really see Him. Read verses 30-31 and discuss how the book of John was written so that you may “believe,” and “have life in His name.” Have you seen Jesus?