

These questions are for the September 13, 2026, message, “Finding Fulfillment.” Please read the sermon passage (Genesis 29:15-35) out loud.

### **Passage Outline**

#### **In our effort to find fulfillment...**

1. ...we reap what we sow (Genesis 29:15-30)
2. ...God meets us in our pain (Genesis 29:31)
3. ...only God truly satisfies (Genesis 29:32-35)

#### **Application:**

1. Examine the patterns you are carrying forward.
2. Identify where you have given someone else’s approval too much weight.
3. Choose to Praise! Learn to interpret your life by God’s character, not merely by your circumstances.

### **Life Group Discussion Questions**

1. Many of us have experienced pain in our lives and the hands of others. And despite our most sincere commitment to never treat others the way we’ve been treated, we seem to perpetuate the same kinds of pain. This was certainly true in the life of Jacob, who, despite living with the pain of his father’s favoritism toward his brother, showed favoritism to others in his family. How have you seen this pattern played out in your family?
2. God has shown throughout history that He is faithful and loving, even stepping into our pain to remind us that He loves us. Share about an experience from your life when you sensed God’s presence in the midst of painful circumstances. What effect did that experience have on your faith and your hope going forward?
3. We have a tendency to strive for the approval of others—people we want to impress, and long to please. Genesis 29 shows the frivolity of putting our hope for significance and fulfillment in other people, who simply cannot give them to us. Leah decided, after years of vying for the approval of her husband and family, simply to “Praise the Lord.” How can your Life Group encourage you to choose to simply Praise the Lord, regardless of your circumstances?
4. Of the three application points Pastor Torrey shared, which did you find most difficult? How can your group help you to honestly confront harmful patterns in your past, and to embrace the identity God has given you?
5. Choose one member of your Life Group to pray for this week, as they seek to find their fulfillment in God alone. Ask them how you can pray for them, specifically, and do it.